

NZAMH CONFERENCE

REGISTRATION INFORMATION

- Register by 20 April 2024 for Early Bird prices!
- Registration closes on Saturday 4 May 2024. We need to confirm numbers with the venue so no registrations will be accepted after this date.
- No refunds for cancellations after Friday 12th April 2024.
- Prices include morning/afternoon teas and lunches. For those that chose to include Saturday night dinner and entertainment, dinner includes a free beer, glass of wine, non alcoholic drink, coffee & tea

CONTINUING PROFESSIONAL EDUCATION (CPE)

You can apply the CPD points from the 2024 conference either:

- a) In advance for the 2023-24 year (with proof of ticket purchase);
- or
- b) For the 2024-25 membership year; or
- c) Split between the two membership years.

You can self-manage how the hours are applied in the CPD system on the website.

ACCOMMODATION

Costs do not include accommodation. Visit our website conference link at www.nzamh.org.nz for information on accommodation nearby.

LUCKY DOOR PRIZE AND HERBAL JOURNEY

Delegates attending Saturday and Sunday go in the draw to win the Lucky Door Prize, and delegates who return their fully stamped Herbal Journey Card will go in the draw to win the Herbal Journey Prize.

These prizes have been generously donated by our Sponsors and several natural health companies. You must be present to win !!

WHAT TO BRING - ECO CONFERENCE

Cup, water bottle, pen, paper (most of the Speaker slides will be emailed after the conference)

Conference Co-ordinators

Liala Giastefani & Krista Eaton
conference@nzamh.org.nz

Current Sponsors

Special thank you to our early Sponsors

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LEADERS IN NUTRITIONAL MEDICINE

Silver Sponsor



Bronze Sponsors



ABOUT NZAMH

The New Zealand Association of Medical Herbalists (NZAMH) is the professional body for medical herbalists in New Zealand and is dedicated to representing and serving the interests of herbalists and herbal medicine in New Zealand.

Our members come from a wide range of backgrounds, but all have in common a passion for herbs and its use as a healing tool. Qualified medical herbalists and naturopaths, as well as herbal medicine students make up most of our membership.

NZAMH Conference

25th & 26th May
2024

Herbs: The First
Medicine
Being Inspired In A
Changing World

AUT South Campus
Manukau
Auckland

Speakers

Dr Leah Hechtman
Dr. Dawne Sanson
Erin Hudson
Nicola Swanson
Tracy Tutty
Dr. Alice McSherry
Emily Boese

PROGRAMME

Saturday 25th May - Conference Day 1

7.30-8.30am Registration (tea & coffee)

8.30-8.45am Welcome/Karakia

8.45- 10.15am Dr. Leah Hechtman - The medhya rasayanas: ashwagandha and trauma

10.15-10.45am Morning tea

10.45-12.15pm Dr. Leah Hechtman - Prolactin, euphoria and Vitex agnus-castus

12.15-1.00pm Dr. Dawne Sanson - Ka Mua, Ka Muri: Reflections on the Past as we Move Forward

1.00-2.15pm Lunch

2.15-3.15pm President's address and member's discussion.

3.15-3.45pm Afternoon tea

3.45-5.15pm Tracy Tutty - Sowing seeds that grow your herbal medicine practice

5.50-6.30 Pre-dinner drinks

6.30-10.00pm Dinner and entertainment!

Sunday 26th May - Conference Day 2

8.00-8.30am Registration tea & coffee

8.30-8.45am Housekeeping

8.45-10.00am Erin Hudson -Hacks for the virtual clinical practice

10.00-10.30am Morning tea

10.30-12.00 Nicola Swanson - Facial, Tongue & Nail Analysis: The Forgotten Differential Diagnosis Support Tool

12.00-12.45pm Emily Boese - Plant Walks as a Practice Builder - Connecting with Clients & Community

12.45-2.00pm Lunch

2.00-3.00pm Dr. Alice McSherry - Rooting in Place: Bioregional Plant Medicine & Decolonising Herbal Lifeways

3.00-3.30pm Closing/Karakia

CONFERENCE PRICES

Prices include GST

Early Bird (before 20 April 2024)

NZAMH, NMHNZ Members

Saturday and Sunday (excl. dinner) \$350
• including Saturday dinner & entertainment \$390

Herb Federation

Saturday and Sunday (excl dinner) \$408
• including Saturday dinner & entertainment \$493

Non-Members

Saturday and Sunday excl dinner) \$455
• including Saturday dinner & entertainment \$540

Students (No early bird price)

Saturday and Sunday (incl. dinner) \$220
Saturday only (excl. dinner) \$140
Sunday only \$125
Saturday dinner & entertainment \$45

Full price (21 April 2024- 4 May 2024)

NZAMH, NMHNZ Members

Saturday and Sunday (excl. dinner) \$380
• including Saturday dinner & entertainment \$465

Saturday only (excl. dinner) \$230
Sunday only \$190
Saturday dinner & entertainment \$85

Herb Federation

Saturday and Sunday (excl. Dinner) \$480
• including dinner & entertainment \$565

Saturday only (excl. dinner) \$290
Sunday only \$247
Saturday dinner & entertainment \$85

Non-Member

Saturday and Sunday (excl. Dinner) \$535
• including dinner & entertainment \$620
Saturday only (excl. dinner) \$305
Sunday only \$260
Saturday dinner & entertainment \$85

SPEAKERS

Dr. Leah Hechtman

1: The Medhyaracayanas: Ashwaganda and Trauma
2: Prolactin, Euphoria and Vitex agnus castus

Driven by her insatiable curiosity and a passion for the nexus of science and spirituality, Dr Hechtman constantly endeavours to enhance her understanding of medicine. Widely recognised for her expertise, Dr Hechtman receives numerous referrals from specialists and fertility clinics on a global scale, and has written and contributed to a number of leading books in the field of natural medicine.

Tracy Tutty

Sowing Seeds that Grow your Herbal Medicine Practice

Tracy studied and practice in the UK and have built a successful practice in NZ. She offers leadership coaching with valued expertise in business mentoring as well as being the creator of the Project Joyful podcast.

Dr. Dawne Sanson

Ka Mua, Ka Muri: Reflections on the past as we move forward

Dr Sanson has had a successful private practice for 40 years as a naturopath, medical herbalist and bodyworker, recently including CST, counselling and meditation to work holistically with clients

Erin Hudson

Hacks for the Virtual Clinical Practice

Erin has a managed a herbal practice for many years, supervised at SPCNM and is currently highly involved in the research and benefits gained from medicinal use of Cannabis

Nicola Swanson

Facial, Tongue & Nail Analysis: The forgotten differential diagnosis support tool

Nicola has been in clinical practice since 2006 and is well known in the herbal community for public speaking & running workshops. Nicola is a senior tutor & program coordinator at NCNZ & editor for the NZAMH Avena journal.

Emily Boese

Plant Walks as a Practice Builder - Connecting with clients & community

Emily has managed her business as a clinician and an educator for over 10 years, creating and facilitating courses, plant walks and workshops in both New Zealand and Canada. Emily is also part of the Artemis technical team and features on radio and writes for national magazines.

Dr. Alice McSherry

Rooting in Place: Bioregional plant medicine & decolonising herbal lifeways

Alice is a qualitative researcher working within the fields of geography, indigenous studies and cultural ecology. Her doctoral work is an autoethnographic exploration into folk herbal healing and decolonising botanical knowledge in New Zealand.

* Full bios and topic descriptions on our website - www.nzamh.org.nz